

Accessorise!

Whether you're slipping into something skimpy for the summer days or glamming it up for a special event, it pays to think carefully about your look from the foundations upwards – those finishing touches can make all the difference! Here's a round-up of the best supporting acts this season.



£15

BRA STRAPS GO GLAM

Vest tops, halter necks, strappy dresses, evening gowns – whatever you're wearing, with these beautiful, hand-made, beaded bra straps you never need worry about unsightly straps again. Choose your style, from simple to elegant, minimal to high glitz. They are elasticated, comfortable and one size fits all. Just attach them to your bra and go. From £15 a pair at Glamorous Bra Straps, www.glamorousbrastraps.co.uk



£6

SAY AAAH!

If your shoulder straps ever dig in – which can be a problem if you have a larger bust or suffer from lymphoedema – you can still wear the styles you love. Simply slip one of these discreet silicone shoulder pads from Amoena under any bra strap and voila! you're good to go. £6 a pair from www.amoena-online.co.uk



£14

GO NATURAL

If you want a really natural, sexy look under tight tops or thin fabrics, nipples are essential. These super-realistic new Amoena nipples are easy to apply and a delight to wear. Now fully self-adhesive for fast and easy application and removal, they can even be adhered directly to the skin. Available in three shades and two sizes. £14 a pair from www.amoena.co.uk



£18

KEEP IT ALL IN!

The fashion foundation garment that everyone's raving about, Spanx Power Panties with Tummy Control, also known as Magic Knickers, are recommended by Trinny and Susannah and worn by celebrities like Gwyneth Paltrow. They are thigh-length shapers that combine the comfort of regular underwear, the soft feel of hosiery and the slimming power of a strong shaper. Inches vanish from tummy, thighs and bottom. Soft waistband and leg bands mean no overhang or bulges, and no VPL! £18.00, from www.themagicknickershop.co.uk



£5.50

A BRA'S BEST FRIEND

You can still wear your favourite bras post-mastectomy. Just sew in one of these clever cotton pockets and it will keep your breast form securely in place. You can also buy a range of covers to suit each individual breast form. In white or black, £5.50 each, or £2.50 if you order an additional pocket with a bra purchase. From www.amoena-online.co.uk



£4

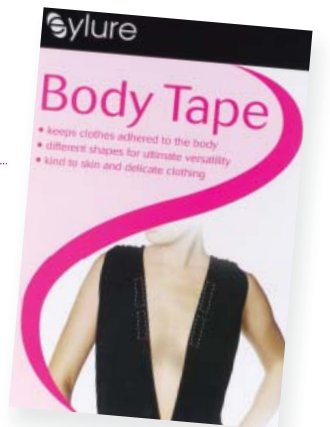
LACY LADY

A girl can never have too many camisoles – which is why we love this clever lacy insert. Just slip it into the Carmen or Jasmin bra from Amoena and you've got an instant cami-neckline. Ideal for wearing underneath your summer tops and dresses. £4 from www.amoena-online.co.uk

£3.99

IT'S A STICK-UP!

No more gaping necklines or slipping straps. With Eylure Body Tape you can feel secure in whatever you're wearing. This fantastic, double-sided self-adhesive fashion tape comes in convenient strips and is the fashion accessory that only you will know about. Gentle on your skin, and won't damage fabrics – you'll wonder how you ever did without it. Price £3.00 For 27 adhesive strips from www.eylure.co.uk



£4.95

STAY SMOOTH

There are times when you don't want your nipples to show, and these clever nipple shields from Eylure will make sure they stay invisible. Made from a transparent material that can be worn with any type of bra, and in some cases without a bra, the shield will prevent your nipple protruding and showing when you don't want it to. Priced £4.95 for a pack of 5 pairs from www.eylure.co.uk



GET ACCESSORISED!

If you would like the chance to win all the products featured on this page, complete and return this coupon to us at: Amoena UK Reader Promotion, 1 Eagle Close, Chandlers Ford, Eastleigh, Hampshire, SO53 4NF. (Please note, this is not a freepost service). Alternatively, you can enter by sending an email with your name and address marked 'Reader promotion' to rhoda.white@amoena.co.uk. The winner will be drawn on 1 October 2007.

Name
 Address

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